

ANNUAL REPORT 2019



10 years improving live of disabled youngsters

10 years fulfilling dreams

Letter from the president

Dear friends and collaborators,

2019 was a very special year for the Lukas Foundation because we turned 10 years old and we were able to celebrate it with many of you.

We started in Madrid with a charity dinner at the Las Brasas del Mentidero Restaurant where many friends and collaborators of the Foundation attended, wanting to celebrate what we had all achieved over the past decade. In Alicante, the piano concert with Ignasi Cambra and Jon Urdapilleta at the FLK Center moved us all. What a magical atmosphere we shared with our users, their families and collaborators!



After the summer we biked part of the Camino de Santiago, led by Javier Pitillas from DisCamino, with the support of the Anneke Residence bus and organized by our new patron Arma Kleinepiper. Some arrived from Alicante and others from Madrid and we met at the Briallos hostel to begin the great challenge of cycling the Portuguese way with Nacho, Irene, Ismael and Arturo. At all times we were accompanied by good and generous people who offered us their help. A great adventure full of joy and excitement for both walking the Camino and for arriving safely at the Plaza del Obradoiro! From this challenge we have learned that people with severe multiple disabilities can also set themselves great goals and achieve them.

I would like to thank Erika Müller who for 10 years has been Vicepresident of the Foundation, for her generous dedication to severe disability. Fortunately, we continue to count on her as a volunteer. Ana Vallejo replaces her in the position of Vicepresident and treasurer.

In 2019 we provided at the FLK Center more than 2,600 therapies, offering 43 temporary stays, the summer school, and of course, let's not forget that 6 young people with severe multiple disabilities live in our supervised home.

All of this would not have been possible without our team, which has grown a lot and which in its day-to-day life demonstrates great vocation, so necessary when working with severe disability.

The volunteers give life to our projects with their activities. As an example, it is worth mentioning that on the Camino de Santiago we were 15 volunteers to do the Camino with 4 young people with disabilities.

Thanks to the financial support of entities, partners and donors we can execute our projects and have "healthy" accounts, something very important, as we have been able to verify during the situation caused by Covid-19. In this new scenario that already belongs to 2020, foundations such as the Lukas Foundation face the great challenge of being a driver of change, sustainability and management.

We will continue to fight through this 2020 so that our model of sheltered housing in severe multiple disability is recognized, as it currently does not rely on sufficient financial support from the Public Administration. The economic recognition of this model would make it possible for other organizations to launch assisted shelters, which are increasingly necessary, and offer the personal care that people with a severe disability with great dependency need and deserve.

Best regards to all of you and may you and your close ones stay safe,

Anne Marie Otten

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TEAM

Manager: Susana Pérez
 Fundraising: María del Palacio
 Communication: Marta Carranza
 Quality and CRM: Inmaculada Flores
 Accountant: Elsa Alcaraz
 Social worker: Inmaculada Grimal
 Therapy Coordinator: Paula Valdés
 Therapists: África Avilés, Elisa Camps, Lorena Sáez, and M^a Ángeles Valero.
 Programs Coordinator: Yolanda Santos
 Caregivers of Sheltered Housing: José M. Carmona, Marina Cerezo, Ana Garrigós, Alejandra López, Mayte Ramos, Marta Soler and Laura Ruiz.
 Reception: Carmen Escribano
 General services: Antonio Rodríguez, Carlos Rocco and Josefina Montoya

Accurate as of May 31st, 2020

HONORARY PATRON

Ron Kok

PATRONS

Founding President: Anne Marie Otten
 Vicepresident and treasurer: Ana Vallejo
 Members of the board: Carmen Calvet
 Elena Guembe
 Arma Kleinepier
 Lisette de Leeuw
 Karin Pascual

COUNSELORS

International: Anke Procee,
 Jolande Otten, Ton y Linda van der Veer
 Social Affairs: José Carlos Bermejo
 Doctors: Ricardo Martino and Mercedes Juste
 Lawyers: Pedro Horcajada
 Strategic and Economics: Bárbara Rojahn
 Communication: José Ballesteros

Lukas Foundation: Our mission

Improvement of the quality of life of children and young people with multiple disabilities, and that of their families, through an innovative assistance model.

Our values

Respect for human dignity

Social inclusion

Proximity

Positivity

Transparency in management

Ethical commitment

Excellence

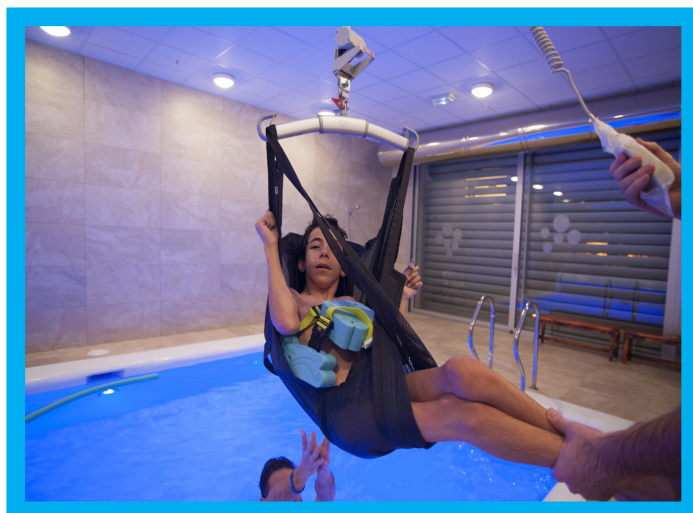


Our achievements in 2019



We have welcomed 13 young people for 43 temporary stays at our home shelter

We have organised the Camino de Santiago on adapted bikes

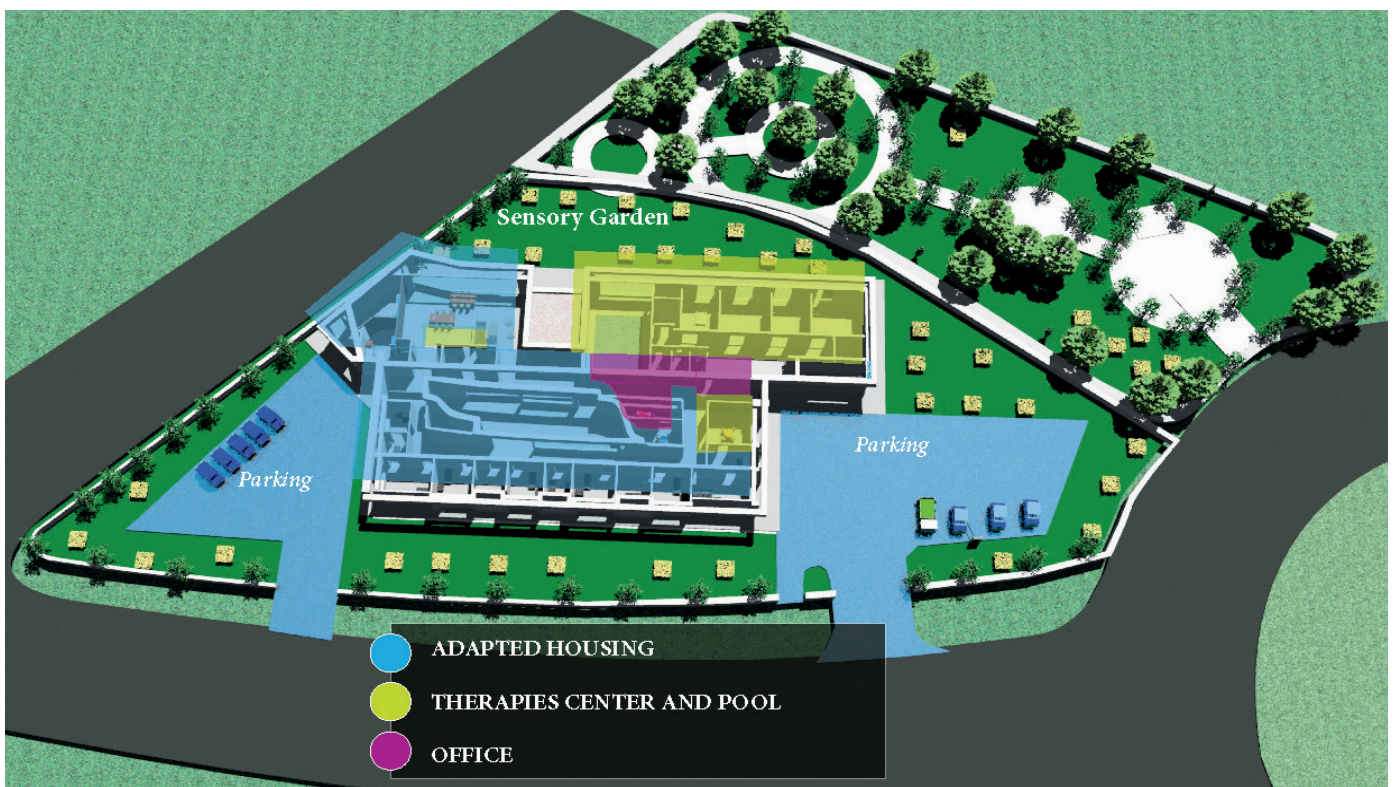


2607 sessions provided at our Therapy Centre

FLK center: innovative model

The 100% adapted Center is located in San Juan de Alicante and consists of:

- Supervised Assisted Living
- Therapy Centre (with swimming pool and open to the public)
- Sensory garden (with a vegetable patch and a bocchia court)



When you enter our Lukas Foundation Centre you discover a new way of assisting severe functional diversity, understood from an integrative perspective and from the need to make therapy centre and the supervised living spaces that are attractive to everyone.

Furthermore, the Lukas Foundation has a bold commitment with the environment that we live in. The Centre uses solar panels for hot water, rainwater utilisation, and photovoltaic panels to produce electricity. We own the first adapted electric car in Spain and we also have a vegetable patch inside the sensory garden.

GET TO KNOW THE FLK CENTER

We have received visits from families, training centers, colleges and institutes, associations, and many political personalities eager to see firsthand our pioneering model.

17

VISITS

We welcomed:



45

PEOPLE

Ambassador of the Netherlands



FREMAP

"At the Lukas Foundation you are warmly welcome and they make you feel like a member of the family. This is the case not only for the young ones, but also for their parents, the team and even visitors. ¡Congratulations!"



Dutch families



Councilor of Social Services in San Juan: Marcos Piña

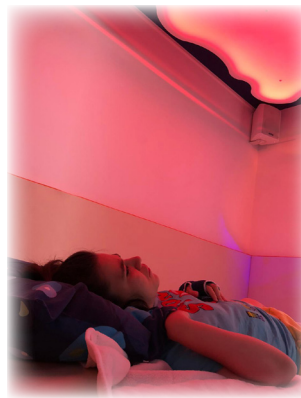


► Our House-Home

- ✓ Six places are partially subsidised by the Generalitat Valenciana
- ✓ Supervises Assisted Living, completely adapted
- ✓ Pioneer project in severe multiple disability
- ✓ High degree family participation, with free access to the house
- ✓ Qualified personnel 24/7
- ✓ Personal and humane treatment, in a friendly, open, spacious and luminous space.
- ✓ Active social life with other people of the same age



VICEPRESIDENCIA Y CONSELLERIA DE IGUALDAD Y POLÍTICAS INCLUSIVAS



ER-0458/2019

With the collaboration of the 'Sé solidario' program of:

**Fundación
MAPFRE**



One of the most special moments we have lived at the Home Shelter was the trip to Barcelona that took place in 2019 to attend the TV program “Tu Cara Me Suena”. This was an unforgettable experience for Adrián, Arturo, their families and their carer, José, who attended as a volunteer. ¡A dream came true!

TEMPORARY STAYS

2018
9
STAYS

2019
43
STAYS

Family support program for young people with severe disabilities, consisting of a short getaway to become another user of the Casa-Hogar.

It has become our star program, more and more families are demanding it, we realize how necessary it is to help, both for the rest of the family and for these young people to change their environment and enjoy activities very different from those they have in their day-to-day: riding a bicycle, competing in Boccia, shopping, swimming in the pool, going to the cinema or dining out ... accompanied by professional caregivers and young people of the same age.

This program exists thanks to the collaboration with "La Caixa", which covers 75% of the cost of each stay.



What happens during a Temporary Stay?

- ✓ We enjoy the hydrotherapy swimming pool
- ✓ We play on the boccia court
- ✓ We go for rides on the adapted bicycles
- ✓ We go on cultural and leisure outings/trips
- ✓ We relax at the sensory room snoezelen

All activities are adapted to requirements and needs of each individual.

Stay of Cristian



"The stays at the Home Shelter of the Lukas Foundation have been the best thing that has ever happened to us. The carers have given her confidence and all their affection. This has allowed me to rest knowing that Mireia was relaxed and having a good time."

MIREIA'S FAMILY'S TESTIMONY

Mireia, your smile will always be with us

► Therapies Center

SESSIONS

**308 SESSIONS OF THERAPY
HAVE BEEN GRANTED**

2018

1400

2019

2607



Physiotherapy:

We work to achieve the best degree of recovery, progress and quality of life possible for the kids and their families. We do this through therapies scientifically proven to be most effective. When it comes to treatment, we take into account that the user is a human being in a stage of development, so we adapt to their needs and those of their family and surroundings.



Water therapy:

It uses the benefits of water to strengthen and develop abilities and capabilities that can be transferred to day-to-day life. The sensory information and the facilitation of movement that the water allows us to work not only on motor movement but on other elements such as attention/ focus, communication and coordination.

The swimming pool is completely adapted for people with severe multiple disability.

**If you are interested write to terapias@fundacionlukas.org
or call 96 565 18 83**

Occupational therapy: The people who take part in this therapy learn how to develop certain skills that help them with their day-to-day activities such as getting dressed, washed, eating, writing or playing. Our aim is to boost their independence and participation in different settings through motivating activities that are useful to them.



Speech therapy: Our objective is for the kids and young adults to develop their communication and language skills, in the most fun and natural way possible. Furthermore, using a myofunctional therapy, we can improve, amongst others, certain functions such as swallowing, voice and articulation.

Psychology: We help families to manage the possible difficulties that arise during a child's development: emotional, learning, behaviour, social or autonomy acquiring problems, amongst many others.



Training for families:

In 2019 we began another program with training workshops for families with the following activities:

- **Sensory Integration Workshop**
- **Workshop "Looking out for ourselves so that we can look out for them"**
- **Workshop for early stimulation and water stimulation.**



► Family support programs

Activities aimed at entertaining, looking after, and improving the state of the young girls and boys with multiple severe disabilities, at the same time that the families get the chance to take a break and invest some of their time in those activities that they normally do not have enough time for or to devote time to themselves.

SPRING AND SUMMER SCHOOL

April and June 2019

Second Spring School and fifth edition of the Summer School. The kids and youngsters took part in activities such as: day trips, hydrotherapy, boccia, bicycle outings, laugh-therapy workshops, cooking, etc....

We were lucky to count on the collaboration of:



RESPITE CARE

Year 2018-19

The program Family Break is one of the most demanded by the families, who attend with their disabled children (ages 5 to 22) on Saturdays from 10am to 13:30pm. Various activities take place there: games library, drama, music therapy and sports, thanks to our adapted bicycles.

With the collaboration of:



INFORMATION SERVICE

Year 2019

The objective of this program is to offer all people with disability and their families an attention/care service, information, orientation and council about the existing social resources available to them.

In 2019 the demand for this service has increased up to 73 people who receive the service in person and 240 on the telephone. We count on the support of:



According to the satisfaction, questionnaires sent out to the families and the young participants in the Spring and Summer Schools 87.5% believe that the resources and spaces are adapted to the needs of their children, and that the involvement and communication of the professionals is adequate/ satisfactory. 100% of the families participating in the survey would recommend the program.

FAMILY SUPPORT IN MADRID

50

GRANTED THERAPIES



Our activity in supporting families with kids and youngsters with severe multiple disabilities in the Community of Madrid is still up and running. In 2019 we have given grants to families for them to carry out certain therapies at home in order to adjust to the health stage and diagnosis. There has also been adaptation to wheelchair needs.

AWARENESS RAISING



**DIPUTACIÓN
DE ALICANTE**



Year 2018-2019

Our program seeks to raise awareness among the population, both young and adult, about the people with severe multiple disability and their needs, in order to bring about a social change that will allow us to move towards a more empathic and caring society. With workshops such as “Travel to my world” we have reached 156 schooled kids between 5 and 17 years of age, and with the rest of visits from the adult population, we have reached 68 people who today are a little bit more familiar with what it means to live with a disability.

Adapted leisure:

ADAPTED BIKES



Our adapted bicycles allow disabled kids and young adults, as well as dependant people of all ages, to live a fun and stimulating activity. This way we foster integrative and inclusive sports.

Camino de Santiago on adapted bikes

After a couple of intense months of preparation, on the 19th of September of 2019 Irene, Arturo, Ismael and Nacho's dream came true when we started the Camino on adapted bikes. It was a huge challenge given the conditions of the kids participating (some require tube feeding, others need oxygen assistance and all of them have a disability of over 75%) as well as the weather conditions; but with the collaboration of Javier Patillas, in charge of DisCamino, the support of the Anneke Residence bus and the organization of Arma Kleinepier, specialist in bike routes, everything became much easier.

15 volunteers shared this marvellous and unforgettable experience, which ended at the Plaza del Obradoiro, with a round of applause, smiles and cheering.

¡We had made our dream come true!



In Alicante

→ Design of six routes for adapted bicycles in the vicinity of San Juan de Alicante.



→ We have seven electric adapted bicycles, 2 junior We-hoo wagons and 2 city bikes for friends or family. The most recent new addition has been donated by Anneke Residence, whose users normally participate in this leisure activity.



In Madrid

→ Design of 5 routes for adapted bicycles in the north of Madrid.

→ We have 3 adapted bicycles, one junior We-hoo wagons, 2 city bikes and the latest addition: a Fun2go bike donated by Bankinter.

bankinter.

→ The demand of this kind of adapted leisure has helped us to take off with the new bicycle service.



BICYCLE DAY
San Lorenzo de El Escorial

Fundación Numen, Anneke Residence, Aodi, San Rafael Center, Atenpace, Ampa Jubalcoy and Adacea have also all made use of and enjoyed our adapted bikes.

Who can use of our adapted bicycles?

- People with functional diversity, of any age, in the Community of Madrid and Valencian Community, as well as their relatives.
- Users from various organisations who work with disability and dependency.
- Other users, during various related events.

Service available to members of the Foundation.

96 565 18 83 (Alicante) or writing to maria.delpalacio@fundacionlukas.org (Madrid)

Integration parks

During 2019 we have continued to counsel on the design and construction of different inclusive parks. The most outstanding project was our collaboration in the design of the inclusive Park Canal de Isabel II in Madrid.

► MANUAL

Manual about the Construction and Equipment of Integrative Kids Parks, considered to be the reference when it comes to the Accessibility Manual for urban public spaces by the City Council of Madrid. This manual is distributed among professionals in the sector, associations, public organisations, etc.



► PARK OF INTEGRATION ESCUELAS BOSQUE

Thanks to the collaborative project between the CEIP Schools Forest, the parents of the students, the Community of Madrid and the Lukas Foundation, this inclusive school now has a 500m² big playground where all the children can play together.



► PARK AND GARDEN OF THE LUKAS CENTER

In the facilities of the Lukas Foundation, we have an integration garden that allows families to enjoy adapted games, to spend time in the sensory garden and to be together at the accessible vegetable patch



► PARK IN BUSOT

In the Alicante town of Busot, there is a public park adapted for people with disabilities. It is 2,500 m² big and has adapted games and picnic areas, access for wheelchairs, and adapted bathroom facilities with changing table.

We are connected

Website visits

www.fundacionlukas.org

27.103 VISITS

Media

More than 50 appearances in media, among others: El Mundo, La Vanguardia, Europa Press, La Cope, Cadena Ser, ABC...



Social networks



@Fundacion_Lukas

1.438 followers



facebook.com/fundlukas/

4.086 fans



Fundación Lukas

2.854 visualizations



Fundacion Lukas

139 followers



Fundacion Lukas

809 followers

We have achieved all of this thanks to:

✦ OUR VOLUNTEERS

76 volunteers in Madrid
1295 hours of volunteer work



48 volunteers in Alicante
490 hours of volunteer work

Thanks to our volunteers for every minute of their time and for every smile, for dedicating your time to people with multifunctional diversity, be it directly or indirectly: participating in our events, helping out with translations and office work, attending trips and outings or helping with the adapted bicycles, giving emotional support, helping on a weekly basis at the home shelter, etc.



✦ OUR FAMILIES

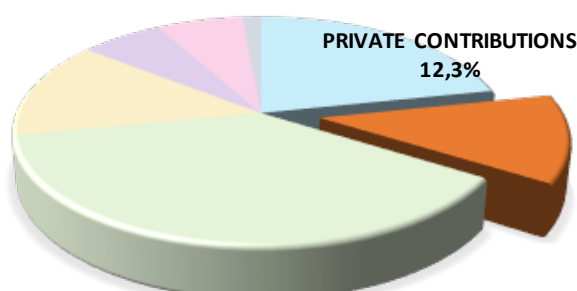
The families are one of the pillars of our activity. Firstly, because of their participation in life at the home-shelter, but apart from this, they are important because they trust our Therapy Center and our family support activities to improve the quality of life of their children.



✦ OUR DONORS

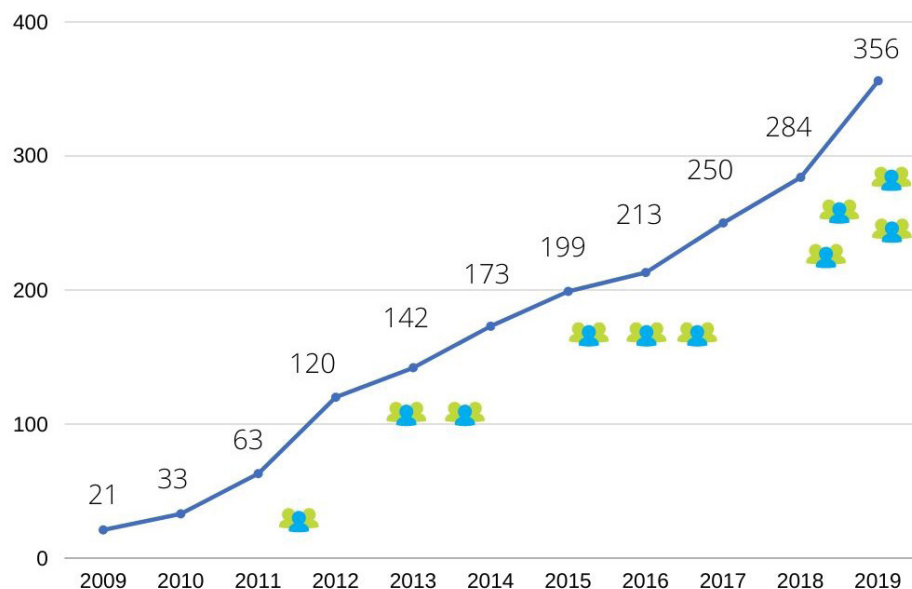
Thank you to our private donors we have been able to carry on with our innovative projects. Every donation has given us more strength and hope to continue on our mission to strive to find the best solutions for this sector of the population that requires so much support.

98.321,56€



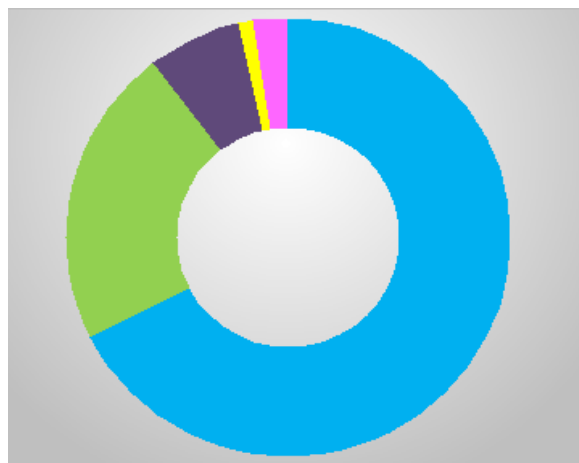
OUR MEMBERS

Evolution of the number of members:



356
members
50.023,5 €
membership
fees
140,52€
average
donation

Our Member's Club in 2019



Thank you for your support!!

- Friend member (5-10€ monthly)
- Fan member (11-25€ monthly)
- Enthusiastic member (26-50€ monthly)
- Committed member (51- 99€ monthly)
- Honorary member (from 100€ monthly)

OUR AMBASSADORS



Ouka Leele



Borja Carrascosa



Ignasi Cambra and Jon Urdapilleta

PUBLIC AND PRIVATE SUPPORTS

CONCEPT	PUBLIC SUPPORT	PROJECT	GRANTED
Social concert	Generalitat Valenciana	Supervised housing	140.269,50€
Subvención personal	Generalitat Valenciana	Therapy Center	12.600,00€
Equipment subsidy	Generalitat Valenciana	Supervised housing	5.712,55€
Awareness subsidy	Diputación de Alicante	Volunteer awareness	1.068,58€
Services subsidy	Diputación de Alicante	Information service	4.059,00€
Training subsidy	Diputación de Alicante	Training	2.929,00€
Equipment subsidy	Diputación de Alicante	Therapy Center	2.315,00€
Leisure subsidy	Diputación de Alicante	Adapted buses	1.090,00€
Total public support/ Grants			170.043,63€
PRIVATE SUPPORT		PROJECT	GRANTED
Fundación Bancaria "La Caixa"		Temporary stays	5.000€
Grupo CIMD		Coordinator SH salary	5.000€
Goodwood Motors SA		Scholarships	2.500€
Maxxium España SL		Family respite	3.000€
Fundación Mapfre		Adapted bicycles	1.594,00€
Mapfre Seguros		Supervised housing	900,00€
Deutsche Stiftung		Therapies Madrid	1.575,00€
BBVA S.A		Adapted bicycles	1.251,00€
Total private support			20.820€
Total collaboration agreements			17.111,95€

* Aid granted during 2019, regardless of the year of imputation.

CHARITY PRODUCTS



Citrama



joyería Wempe



Herbarom

OUR SUPPORTS

Public Supports



Private Supports

COLLABORATION AGREEMENTS:



OTHER COLLABORATING COMPANIES:



Sirvent & Asociados Consultores
ABOGADOS - ECONOMISTAS



- ♦ Alicia Moya ♦ Asia Gardens Hotel ♦ Assari ♦ Beat Beat Yeah ♦ BIBO ♦ Casa Julio ♦ Castellana Golf
- ♦ Citrama ♦ Club de Golf Race ♦ El Quenco de Pepa ♦ El Xato ♦ Essence ♦ Fundación Real Madrid
- ♦ Herbarom ♦ Hotel Don Carlos ♦ Idarnet ♦ KLM ♦ Kerstin Krause ♦ La abeja de oro ♦ La Perla
- ♦ La Taberna del Mar ♦ La tienda del Té ♦ La Vieja Alquería ♦ Martin Cummins ♦ Mercado de Chamartín
- ♦ Mercado la Paz ♦ Palacio Cibeles ♦ Plexum ♦ Restaurante Lorea ♦ Rituals ♦ Teatro Real
- ♦ Valor ♦ Yamaha ♦ Verum Natura ♦ Vinícolas

Charity Events

10TH ANNIVERSARY CELEBRATION
in Madrid and Alicante

53.618,75€



GOLF TOURNAMENTS in Madrid and Alicante



CHRISTMAS CHARITY MARKET in Madrid



Bourguignon



Our network

Comprises local, national and international entities concerned by disabilities, inclusivity and humanization of health affairs, as well as volunteer organizations. This is why we participate in benefit sports events, conferences and fairs just to mention a few...



AMPA JUBALCOY



Miembro de:

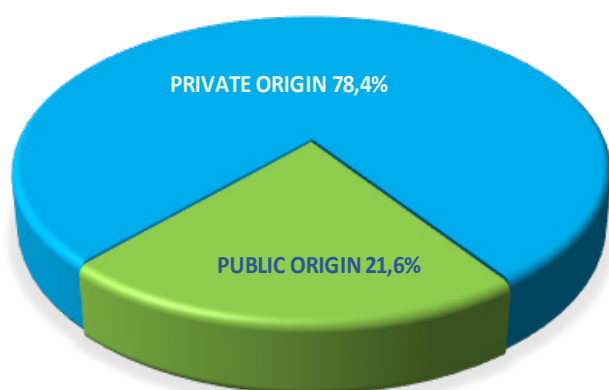


COCEMFE
Alicante

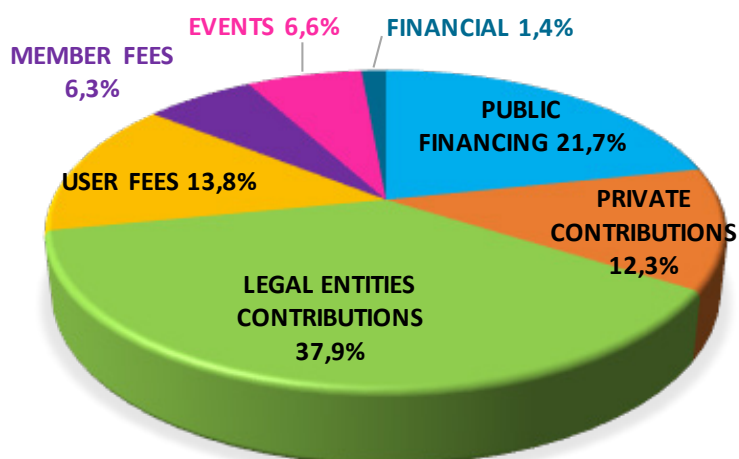
Our accounts

Income

Source of funds

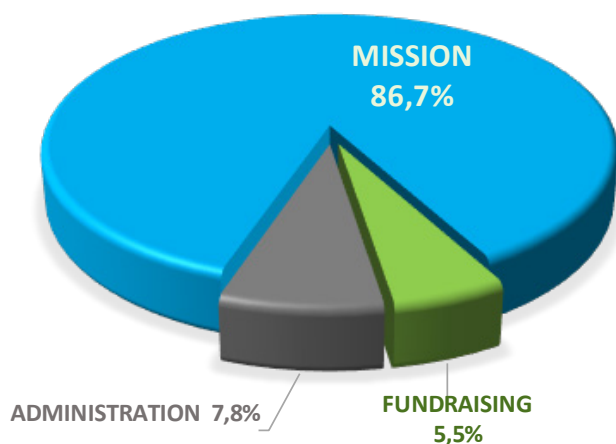


Origin distribution

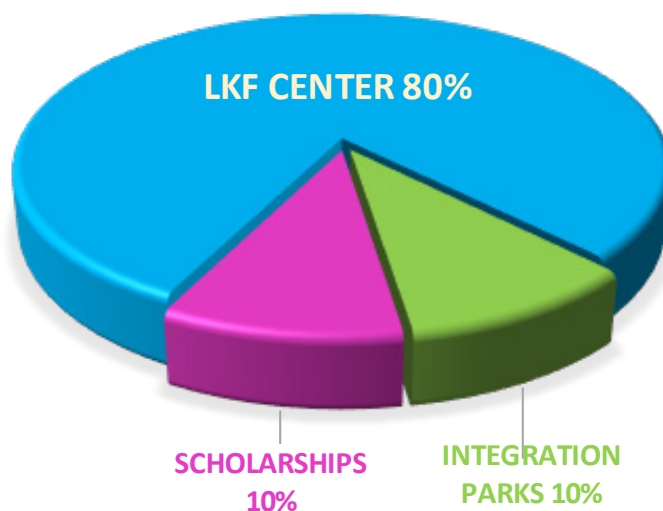


Expenses

Destination of funds



Distribution by area



INCOMES	
Private funding	522.693,26
Membership fees	50.023,50
Private contributions	128.460,35
Business contributions	170.167,24
Promotional activities	52.501,75
User fees	110.377,45
Extraordinary and financial income	11.162,97
Public funding	181.147,33
Local entities	12.840,51
Autonomic/provincial administration	168.306,82
TOTAL INCOMES	703.840,59
EXPENSES	
Mission areas	599.059,10
Parks	59.905,91
Families	59.905,91
LKF Center	479.247,28
Administration	53.816,76
Fundraising	37.984,35
TOTAL EXPENSES	690.860,21
INCOMES LESS EXPENSES	12.980,38

*Accounts pending approval

Transparency

Transparency is a fundamental value for us, which is why since 2011 our accounts have been audited and can be consulted on our website. Since 2013 we voluntarily submit to the analysis of the Loyalty Foundation. Again, in 2019, we have the NGO accredited seal..

PARA QUE TÚ LO TENGAS TAN CLARO COMO NOSOTROS.

Fundación Lealtad acredita con su sello a las ONG que cumplen con los 9 Principios de Transparencia y Buenas Prácticas. Un sello que nace con el objetivo de ayudarte a decidir con qué ONG colaborar.

Encuentra tu ONG en www.fundacionlealtad.org



Our next challenges

- To achieve that the Administration offers an economic endowment according to the assisted housing model for people with severe disabilities.
- Increase the membership of the Lukas Foundation.
- Get the adapted bicycle service in Madrid up and running.
- Increase the number of therapy scholarships given at the FLK Center.
- Raise awareness among the population about the needs of young people with severe disabilities.

NOW SUPPORT FAMILIES WITH A CHILD WITH DISABILITY HAS EVEN MORE TAX ADVANTAGES

DONATING	REDUCE THE TAX	ONLY COST YOU
120€/year 10 €/monthly	96€/year	24€/year
180€/year 15 €/monthly	121,5€/year	58,5€/year
240€/year 20 €/monthly	139,5€/year	100,5€/year

Remember that the percentage of tax deduction for the first 150 € is 80% for donations made by individuals with tax residence in Spain.

How can you help?

**YOUR SUPPORT IS FUNDAMENTAL FOR
US AND FOR MANY CHILDREN AND YOUTH
WITH FUNCTIONAL DIVERSITY**

- Volunteering
- Become a supportive company
- Buy solidarity products
- Raise awareness in your environment and spread our news
- Make a donation

ES 68 0019 0309 67 4010038426

BIZUM: 00183

- Become a member

BE PART OF OUR MEMBER CLUB



**Friend
Member**

From 10-15€ (monthly)



**Fan
Member**

From 16-25€ (monthly)



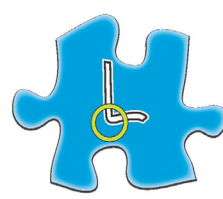
**Enthusiastic
Member**

From 26-50€ (monthly)



**Committed
Member**

From 51-99€ (monthly)



**Honorary
Member**

From 100€ (monthly)

Contact the 91 759 91 26, at info@fundacionlukas.org
or enter the "Collaborate" section of www.fundacionlukas.org

Together we continue to grow!

Our activities impact 12 Sustainable Development Goals for a better world in 2030



MADRID

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ALICANTE - LKF CENTER

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Bizum: 00183



www.fundacionlukas.org