

# ANNUAL REPORT 2018



**Improving the quality of life of children and young people with severe multiple disabilities and their families through an innovative care model**

## Letter from the president

*Dear friends and foundation supports*

*What was once a dream -- a home for young people with severe multiple disabilities -- is today a reality: 6 young people live under the 24 hour care of professionals and receive attention from their families and volunteers.*

*These care places are subsidized by the Generalitat Valenciana, by donations from individuals and companies, and through the contributions from our partners.*

*Our hope is that the public organisations will integrate this care concept and financially support this model of supervised housing for people with multiple disabilities.*

*This will allow for long-term continuity and facilitate the path for other parents to build homes for their children by replicating this model.*

*This year, we have begun to offer temporary stays to young people so that parents can rest and enjoy and benefit from some respite.*

*Another great challenge this year has been to launch the Therapy Center with our own therapitians, thus expanding the number of users served and facilitating the continuous use of the therapy rooms.*

*I would like to thank all the people and organisations that make our work possible. And a very special thanks to our team that continually aims to improve, taking care of our users with great care and professionalism.*

*With warm regards,*

*Anne Marie Otten*

### HONORARY PATRON

Ron Kok

### PATRONS

Founding President: Anne Marie Otten

Vice-president: Erika Müller

Treasurer: Ana Vallejo

Members of the board: Carmen Calvet

Elena Guembe

Karin Pascual

Lisette de Leeuw

### COUNSELORS

International: Anke Procee,  
Jolande Otten, Ton and Linda van  
der Veer

Social affairs: José Carlos  
Bermejo

Doctors: Ricardo Martino and  
Francisco Carratalá

Lawyers: Pedro Horcajada

Strategic and economics: Antonio  
García

Communications: José Ballesteros

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## TEAM

Manager: Susana Pérez

Fundraising: María del Palacio

Communication: Marta Carranza

Quality and CRM: Inmaculada Flores

Accountant: Alba Amelines

Social worker: Inmaculada Grimal

Therapy Coordinator: Paula Valdés

Therapists: África Avilés and Lorena Sáez.

Programs Coordinator: Yolanda Santos

Caregivers of Sheltered Housing: José M. Carmona, Marina Cerezo, Ana Garrigós, Mayte Ramos, Yolanda Rodríguez, Marta Soler, Lourdes Ruiz.

Temporary Stays: Eva Fernández.

Family respite: Ainhoa Rodríguez and María del Mar García

Reception: Carmen Escribano

General services: Antonio Rodríguez and Josefina Montoya

*Accurate as of May 31<sup>st</sup>, 2019*

# Lukas Foundation: Our mission

Improvement of the quality of life of children and young people with multiple disabilities, and that of their families, through an innovative assistance model.



## Our values

Respect for human dignity

Social inclusion

Proximity

Positivity

Transparency in management

Ethical commitment

Excellence



## Our achievements in 2018



**Six young people with severe disabilities live in our house-home**

**We have the first adapted electric car in Spain**



**We carried out 1400 sessions in our Therapies Center**

# FLK center: innovative model

Our 100% adapted Center is located in San Juan de Alicante and consists of:

- Assisted Supervised Housing
- A Therapies Center (open to the public)
- A sensory garden



To enter the Lukas Foundation Center is to discover a new way of addressing serious functional diversity. We understand the importance of integration as well as the need for therapy centers and a supervised home environment where anyone would want to live.

In addition, the Lukas Foundation has a clear commitment to the environment. Our Center uses solar collectors for hot water, which collects and reuses rainwater, and obtains electricity through photovoltaic panels. We also have the first adapted electric car in Spain.



## GET TO KNOW THE FLK CENTER

Our Center has been visited by families, training centers, colleges and institutes, associations, and many political personalities eager to see firsthand our pioneering model.

31

VISITS

We welcomed:

Univ. Miguel Hernández



188

PEOPLE



Álvaro Prieto & Antonio Reus



Carolina Llobell



Cocemfe - Alicante



"The visit was very interesting because the home offers a very innovative model of service in our country"

## ► Our House-Home

- ✓ Partially subsidized by the Generalitat Valenciana
- ✓ High participation of families, free access to our House-Home
- ✓ Qualified staff 24 hours a day
- ✓ Humane, personal treatment involving families
- ✓ Active social life with other people of the same age



We have the support of:



VICEPRESIDENCIA Y CONSELLERIA DE IGUALDAD  
Y POLÍTICAS INCLUSIVAS



Our House-Home responds in a pioneering way to a social need that arises due to the increase in the life expectancy of people with severe multiple disabilities. Families often find themselves in complicated situations, as residential resources for these young people are scarce. At our Center, we have 6 places that are partially subsidized by the Generalitat Valenciana.

Our residents Adrián, Arturo, Astrid, Braulio, Irene and Ismael, live independently, like any adult of their age, but they are assisted 24 hours a day by professionals in order to fully develop their abilities.



## TEMPORARY STAYS

We offer family support programs for young people, which consist of two-day cohabitations in our House-Home as well as the following objectives:

- Provide families with a rest period that helps them relieve stress and reconcile with other aspects of their lives.
- Give young people with severe disabilities adapted leisure opportunities that are motivating and innovative.
- Address the needs of young people with disabilities through qualified professionals.
- Strengthen peer relationships through the coexistence of the young people of the home.

The program was developed in collaboration with Fundació Bancaria "La Caixa", which sponsored 80% of the costs of each stay.



### Our temporary residents can:

- ✓ Take a walk through the sensory garden
- ✓ Enjoy the hydrotherapy pool
- ✓ Play on the boccia court
- ✓ Ride on adapted bicycles
- ✓ Have an active social life with people of the same age
- ✓ Take part in cultural and leisure outings
- ✓ Enjoy a relaxation session in our Snoezelen room (a multisensory environment) at the end of the stay

The programming of all activities will be adapted to the needs of the young people

18  
DAYS of  
STAY

### Stay of Mireia



### Stay of Arnau

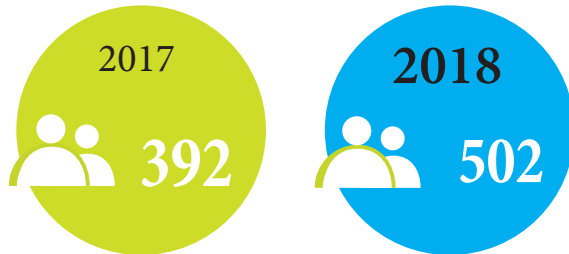


### Testimony Family of Radu

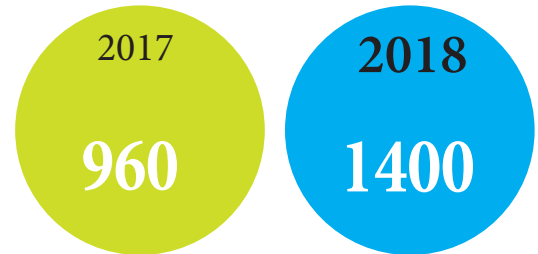
"We have been very happy, both we, the parents, and our son. Before visiting the Center, Radu did not want to go anywhere, but after the first temporary stay, he wanted to stay every weekend"

## ► Therapies Center

### USERS



### SESSIONS



98 SESSIONS OF THERAPY HAVE BEEN GRANTED



#### **Physiotherapy:**

We use the Neuroevolutive Concept as a baseline, assessing and treating children and adults with alterations in the development of function, movement, and postural control.



#### **Hydrotherapy:**

Users can gain the benefits of physiotherapy in an environment that facilitates the relaxation of body and mind. This therapy improves the physical, respiratory, and emotional conditions of its users.



#### **Training and renovation of Therapies Center:**

We are collaborating with the Momo Center and its physiotherapists and trainers for the start-up of a new Therapies Center, which is coordinated by Paula Valdés and incorporates early stimulation.



**Sensory stimulation:** Our sensory stimulation room is equipped with various elements designed to carry out basal and multisensory stimulation, ideal for people with severe impairments at the cognitive and motor level.

- Vibrating musical waterbed (relieves pain states)
- Light panel
- Cascade of optical fibers
- Column of bubbles



**Occupational therapy:** This type of therapy offers a quality intervention, encompassing the person and their environment, and aims for progressive incorporation into the social structure. It incorporates technical aids and adaption techniques as well as involves the individual and family in the process of societal integration.



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## Other therapies available

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**Logopedic:** This program enables the medium or long-term acquisition of language as the main means to access interpersonal communication and as a way of understanding oral and written language.



**Assisted therapy with dogs:** This alternative and innovative therapy method includes an animal as a motivational element. It helps to improve the cognitive, physical, social and/or emotional functions of the user.



**If you are interested write to [terapias@fundacionlukas.org](mailto:terapias@fundacionlukas.org)  
or call 96 565 18 83**

## ► Family support programs

Our family support programs provide activities to entertain, care for and improve the mental and physical condition of children and young people with severe multiple disabilities. It gives families a break to spend on activities that they often leave aside and allows them to simply dedicate time to themselves.

### SPRING AND SUMMER SCHOOL



22  
USERS

#### April and July 2018

In 2018 we held the first Spring School and the fourth edition of the Summer School. In which activities were carried out as excursions, hydrotherapy, boccia, outings with adapted bikes, laughter therapy workshops, cooking...

We have the support of:

**DIPUTACIÓN  
DE ALICANTE**

**GENERALITAT  
VALENCIANA**  
VICEPRESIDENCIA Y CONSELLERIA DE IGUALDAD  
Y POLÍTICAS INCLUSIVAS

### RESPITE CARE



53  
USERS

#### **Course 2017-2018:**

The Family Respite program is one of the key programs for families who care for children with disabilities (between the ages of 5 and 22) on Saturdays from 10 a.m. to 1:30 a.m.

The Family Respite program includes activities such as time in the playroom, a theater workshop and adapted sports:

We have the support of:

**janssen**  
PHARMACEUTICAL COMPANIES OF  
JOHNSON & JOHNSON

### INFORMATION SERVICE



196  
USERS

#### **Year 2018**

The objective of this program is to offer those affected by severe multiple disabilities and their families a service of attention, information, guidance and counselling, in relation to the social resources of the group.

This year, 46 people have attended in person and 150 by telephone. We have the support of:

**DIPUTACIÓN  
DE ALICANTE**



"In general, we are very happy with the school; it is the only place where I can leave my daughter without feeling that I have abandoned her because I know she is enjoying herself in good and trustworthy hands. If they offered more days, we would gladly take them." Father of Summer School attendee

## FAMILY SUPPORT IN MADRID



89  
SCHOLARSHIPS

We continue to offer support programs for families with children and young people who have severe functional diversity in the Community of Madrid.

In 2018, we granted aid to families for therapies in Madrid, especially neurological physiotherapy under the Bobath concept.

The interventions have been carried out at home, monitoring the current state of health and the diagnosis of these children and young people.

## AWARENESS RAISING



**DIPUTACIÓN DE ALICANTE**



### Course 2017-2018

With this project, we raised awareness among the general public and spread knowledge about functional diversity. This project served as a tool to promote social change and create a more informed and supportive society that fosters the participation of people of all ages. We conducted two "Travel to my world" workshops, which were attended by 106 schoolchildren and included 11 visits of training organisations and the presence of 198 people.

# Adapted leisure:

## ADAPTED BIKES



Our adapted bicycles provide children and young people with disabilities, and dependent people of any age, a fun and stimulating adapted leisure experience. With them, we promote the sport of integration and inclusion.

Asion, Fundación Numen, Anneke Residence, Aodi, San Rafael Center, Atenpace and Adacea have also all made use of and enjoyed our adapted bikes.

### In Alicante

→ We have 6 adapted electric bicycles, 2 We-hoo children's trailers, and 2 ride bikes for companions.

→ In and around San Juan de Alicante, we have designed six routes adapted for use with our special bicycles



### In Madrid

→ We have 3 adapted electric bicycles, 1 We-hoo children's trailer, and 2 ride bikes.

→ Design of five routes for adapted bicycles, in the north of Madrid





## Who can use of our adapted bicycles?

- People with functional diversity, of any age, in the Community of Madrid and Valencian Community, as well as their relatives.
  - Users from various organisations who work with disability and dependency.
  - Other users, during various related events.
- Service available to members of the Foundation.

Contact: 96 565 18 83 (Alicante) or 91 759 91 26 (Madrid)



**You dare to share  
smiles on wheels?**

## BOCCIA



In 2018, there were 60 sessions of Boccia. This game of strategy and precision is similar to petanque, although it has its own internationally sanctioned rules. It is a perfect sport for people with severe functional diversity, and it is possible to join a Boccia federation to register to compete, as our players Arturo and Arnau have done.

## ORCHARD

Our accessible garden, which is located in the sensory garden of the FLK Center, is adapted to a specific height to allow access for boys and girls with severe functional diversity. They can enjoy preparing the soil, the sowing the seeds, and more. The orchard provides activities that encourage family participation and teamwork. It is truly an enriching experience and challenge as these young people are able to see how they can achieve, whilst working in an environment surrounded by the many aromas, sounds and flavors that can be experienced in the garden.

We have the support of:



# Integration parks

During 2018, we gave advice for the design and construction of the Inclusive Park of the Canal de Isabel II in Madrid. We also held different meetings with the Madrid City Council to generate and adapt more inclusive leisure spaces

## ► PARK OF INTEGRATION ESCUELAS BOSQUE

Thanks to the collaborative project between the CEIP Schools Forest, the parents of the students, the Community of Madrid and the Lukas Foundation, this inclusive school now has a 500m<sup>2</sup> big playground where all the children can play together.



## ► PARK AND GARDEN OF THE LUKAS CENTER

At the Lukas Foundation Center in San Juan de Alicante, there is an integration garden that allows families to enjoy adapted games, the experience of inclusive leisure, and moments of relaxation in the sensory garden. It is also a fully wheel-chair accessible garden space.



## ► PARK IN BUSOT

In the Alicante town of Busot, there is a public park adapted for people with disabilities. It is 2,500 m<sup>2</sup> big and has adapted games and picnic areas, access for wheelchairs, and adapted bathroom facilities with changing table.

## ► MANUAL

The **Manual of Construction and Equipment of Integration Playgrounds** is considered as a reference in the Accessibility Manual for urbanized public spaces of the City of Madrid and distributed among professionals of the sector, associations, public entities, etc.





# We are connected



## Website visits

[www.fundacionlukas.org](http://www.fundacionlukas.org)

43.342 VISITS



## Media

More than 20 appearances in media, among others: El Mundo, La Voz de Galicia, Gestiona Radio y El Diario Información.



## Social networks



@Fundacion\_Lukas

1.355  
followers



facebook.com/fundlukas/

3.616  
fans



Fundación Lukas

5.732  
visualizations

## INSTAGRAM

We started using this social network in March and since then we have published 41 times and we have 288 followers



# We have achieved all of this thanks to:

## ✦ OUR VOLUNTEERS

52 volunteers in Madrid  
522 hours of volunteer work



47 volunteers in Alicante  
847 hours of volunteer work

Lukas Foundation volunteers are people who have decided to dedicate part of their time to people with functional diversity – either directly or indirectly. They engage by participating in events, doing translations and office work, going on excursions with adapted bicycles, giving emotional support, collaborating weekly in the home, etc. All these activities have helped our cause, and that is why we want to thank our volunteers for every minute and every dedicated smile.

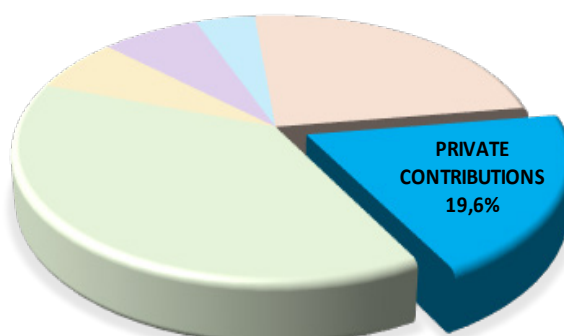
*You are a role model!!*



## ✦ OUR DONORS

Thanks to our private donors, we have been able to undertake many innovative projects. Each donated contribution has filled us with the enthusiasm and strength needed to move forward, striving to find the best solution for this sector of the population that needs so much support.

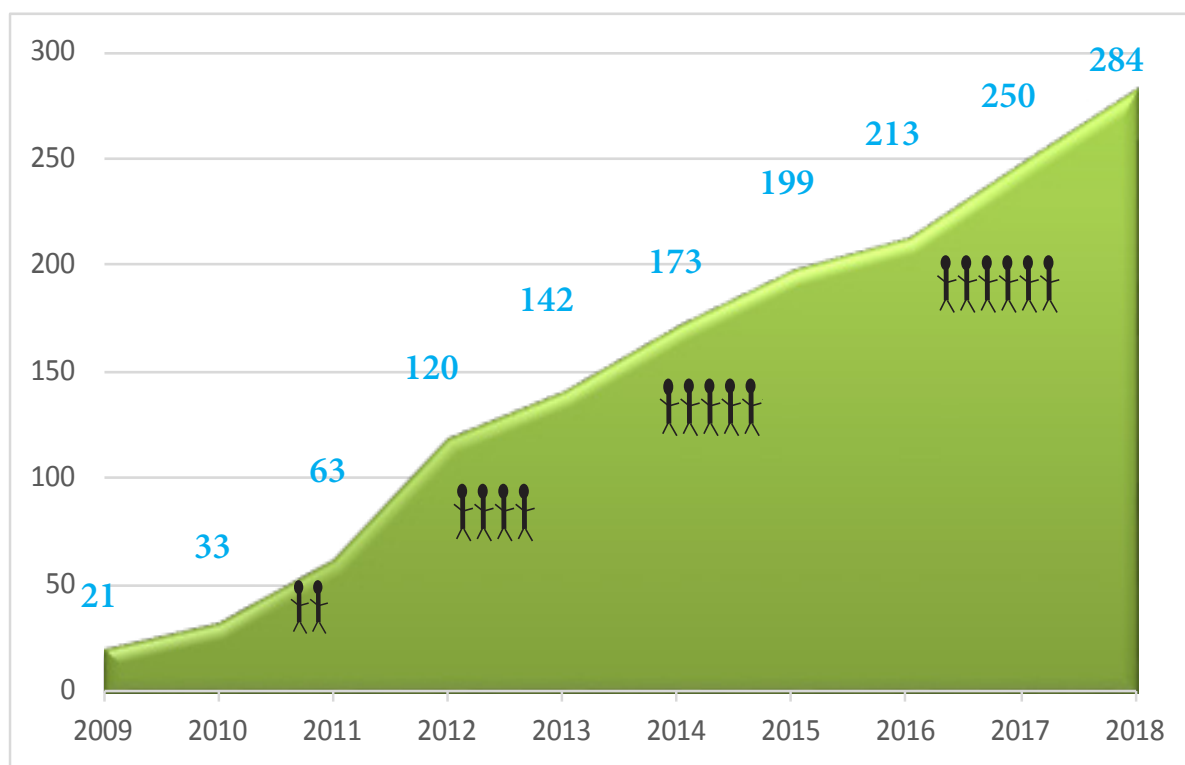
122.865,19 €



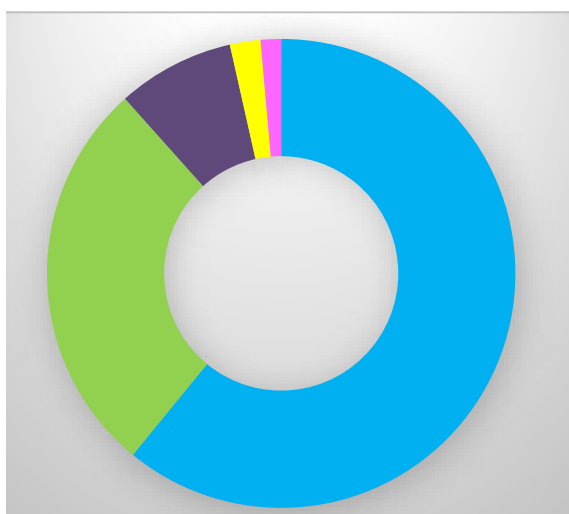
## OUR MEMBERS

**284 members**  
**44.473 € membership fees**  
**156 € average donation**

### Evolution of the number of members:



### Our Member's Club in 2018



Thank you for your support!!

- Friend member (5-10€ monthly)
- Fan member (11-25€ monthly)
- Enthusiastic member (26-50€ monthly)
- Committed member (51-99€ monthly)
- Honorary member (from 100€ monthly)

## ❖ PUBLIC AND PRIVATE SUPPORTS

CONCEPT	PUBLIC SUPPORT	PROJECT	GRANTED
Social Concert	Generalitat Valenciana	Supervised housing	126.690,90€
Equipment subsidy	Generalitat Valenciana	Supervised housing	5.361,30€
Awareness subsidy	Diputación de Alicante	Training and awareness	3.309,74€
Services subsidy	Diputación de Alicante	Information service	2.945,00€
IRPF 0,7	Generalitat Valenciana	Schools	2.442,88€
Equipment subsidy	Diputación de Alicante	Therapy Center	1.809,00€
Leisure subsidy	Diputación de Alicante	Adapted buses	1.045,00€
Total public support/ Grants			<b>143.603,82€</b>
PRIVATE SUPPORT		PROJECT	GRANTED
Fundación Bancaria "La Caixa"		Temporary stays	18.110,00€
BP Oil España S.A.U		Therapy Center	13.177,00€
Bankinter S.A		Adapted bicycles	9.000,00€
Grupo CIMD		Coordinator salary	8.000,00€
Fundación Mapfre		Admin salary	4.500,00€
Deutsche Stiftung		Therapies in Madrid	3.150,00€
Rotary club Alicante		Orchard /adapted garden	3.130,00€
Jannssen - Cilag S.A		Family respite	2.000,00€
BBVA S.A		Adapted bicycles	893,66€
Total private support			<b>61.961,00€</b>
Total collaboration agreements			<b>10.567,10€</b>

\* Aid granted during 2018, regardless of the year of imputation.

## ❖ CHARITY PRODUCTS

Several companies have been supporting us for years, offering products such as jewelry, tops, wine, panettones, Christmas gifts, and cosmetics.





# OUR SUPPORTS

## Public Supports



## Private Supports



Assari ♦ Beatriz Parreño ♦ BMR ♦ Cala ♦ Casa Julio ♦ Castellana Golf ♦ Catai Tours ♦ Cazapeonzas ♦ Citrama ♦ Club de golf Altea ♦ Club de Golf La Herrería ♦ Club de golf Villamartín ♦ Consulado de Marruecos ♦ El Mentidero de la Villa ♦ El Qüenco de Pepa ♦ Espacio Herrería ♦ Herbarom ♦ Idarnet ♦ Interface ♦ Isabel Bedia ♦ Jacob Delafon ♦ La abeja de oro ♦ La Perla ♦ La Ponderosa ♦ La Quintería ♦ La Sal del Mentidero ♦ La Taberna del Mar ♦ La Vieja Alquería ♦ Las Brasas del Mentidero ♦ LifeStyle Voihotels ♦ Martin Cummins ♦ Mercado de Chamartín ♦ Mercado la Paz ♦ Palacio Cibeles ♦ Pickin'pack ♦ Plexum ♦ Valor ♦ Verum Natura ♦ Vinícolas

# ♣ Charity Events

AROMATHERAPY WORKSHOPS



CHARITY GOLF TOURNAMENT  
in Alicante



CHARITY GOLF and  
PADEL TOURNAMENT  
in Madrid



26.992,55 €



CHARITY TEA  
at the Hotel Wellington in Madrid



CHRISTMAS CHARITY MARKET  
in Madrid and Alicante





## Our network

Comprises local, national and international entities concerned by disabilities, inclusivity and humanization of health affairs, as well as volunteer organizations. This is why we participate in benefit sports events, conferences and fairs just to mention a few...



ASOCIACIÓN DE VOLUNTARIOS EL CAMPELLO

Members of:



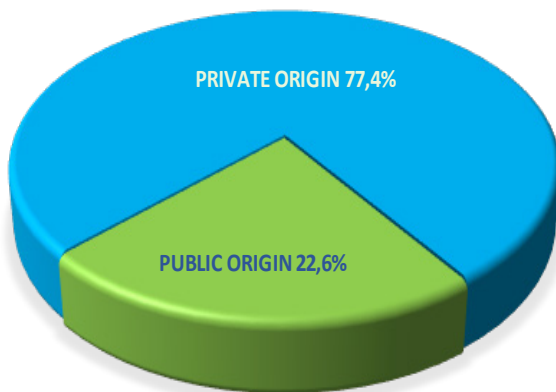
COCEMFE  
Alicante



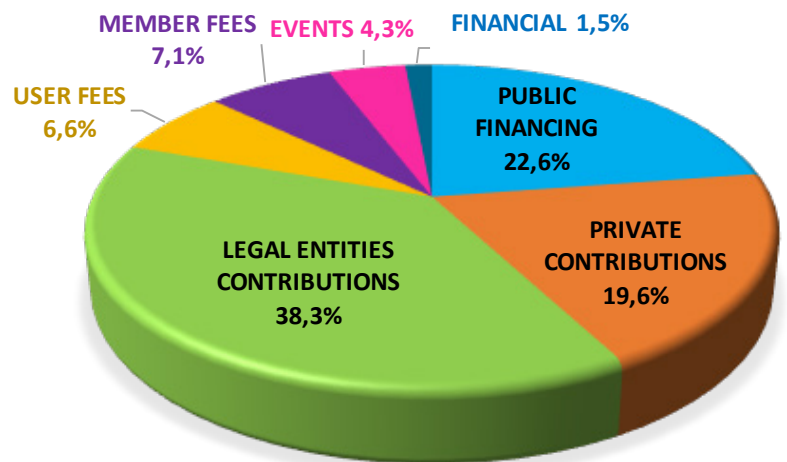
# Our accounts

## Income

Source of funds

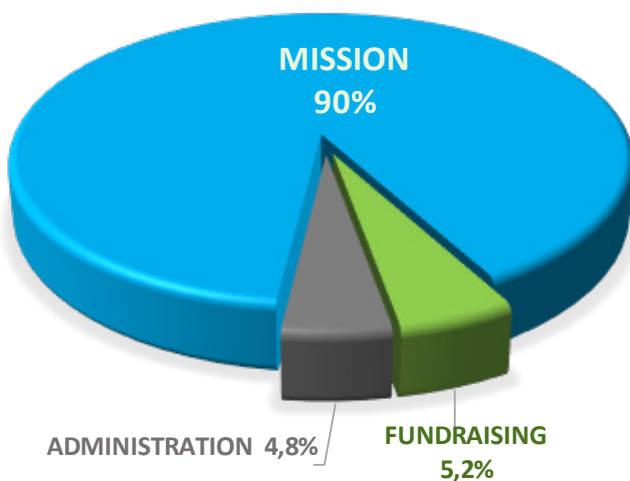


Origin distribution

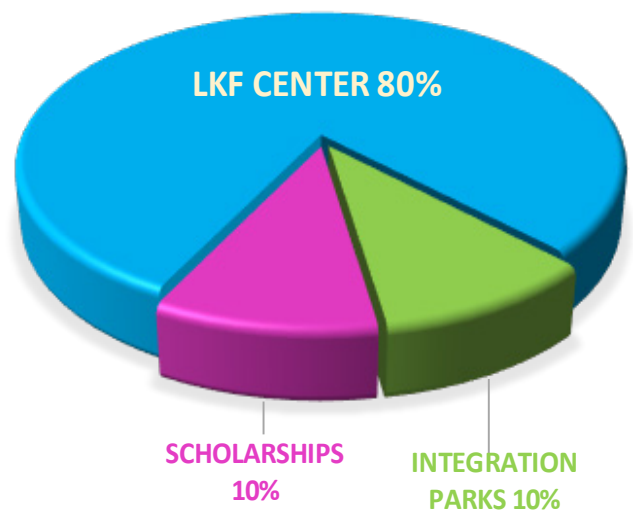


## Expenses

Destination of funds



Distribution by area



INCOMES	
Private funding	512.165,44
Membership fees	44.473,00
Private contributions	151.830,68
Legal entities contributions	238.168,67
Promotional activities	26.992,55
User fees	41.591,50
Extraordinary and financial income	9.109,04
Public funding	150.635,09
Local entities	12.840,51
Autonomic/provincial administration	137.794,58
<b>TOTAL INCOMES</b>	<b>662.800,53</b>
EXPENSES	
Mission areas	529.317,92
Parks	52.931,79
Families	52.931,79
LKF Center	423.454,34
Administration	28.191,56
Fundraising	30.421,75
<b>TOTAL EXPENSES</b>	<b>587.931,23</b>
<b>INCOME LESS EXPENSES</b>	<b>74.869,30</b>

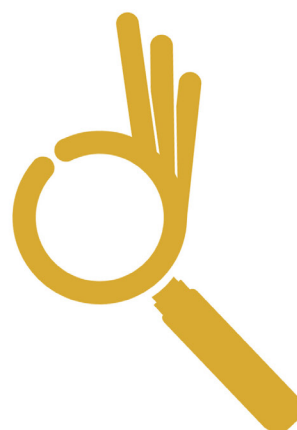
## Transparency

Transparency is a fundamental value for us, which is why since 2011 our accounts have been audited and can be consulted on our website. Since 2013 we voluntarily submit to the analysis of the Loyalty Foundation. Again, in 2018, we have the NGO accredited seal.

### PARA QUE TÚ LO TENGAS TAN CLARO COMO NOSOTROS.

Fundación Lealtad acredita con su sello a las ONG que cumplen con los 9 Principios de Transparencia y Buenas Prácticas. Un sello que nace con el objetivo de ayudarte a decidir con qué ONG colaborar.

Encuentra tu ONG en [www.fundacionlealtad.org](http://www.fundacionlealtad.org)





# How can you help??

**YOUR HELP IS VERY IMPORTANT TO US AND FOR MANY KIDS AND YOUNG PEOPLE WITH DISABILITIES**

- Volunteering
- Become a supportive company
- Buy solidarity products
- Raise awareness in your environment and spread our news
- Make a donation
- Become a member

**Deutsche Bank: ES 68 0019 0309 67 4010038426**



**Friend  
Member**

From 5-10€ (monthly)



**Fan  
Member**

From 11-25€ (monthly)



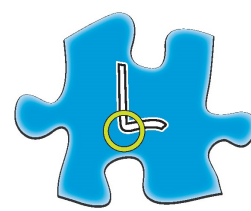
**Enthusiastic  
Member**

From 26-50€ (monthly)



**Committed  
Member**

From 51-99€ (monthly)



**Honorary  
Member**

From 100€ (monthly)

**Join us to improve the quality of the life of people with severe disabilities and their families. Remember that the percentage of tax deduction for the first 150 € is 75% for donations made by individuals with tax residence in Spain.**

Contact the 91 759 91 26, at [info@fundacionlukas.org](mailto:info@fundacionlukas.org)  
or enter the "Collaborate" section of [www.fundacionlukas.org](http://www.fundacionlukas.org)

# OUR NEXT CHALLENGES

- Publicize our assisted supervised housing model.
- Promote the creation of more integration playgrounds.
- Increase temporary stays in our supervised housing.
- Start our Early Care program.
- Increase the number of participants benefitting from the therapies that are developed in our FLK Center.
- Continue to raise awareness in the general population about the needs of these young people especially when their schooling ends.
- Organize the Camino de Santiago on an adapted bicycle with our kids in September.
- Promote respect, integration and cooperation.
- Create links between entities dedicated to social work in disability.



**Together we continue to sow!**





**FUNDACIÓN  
LUKAS**

Ayuda a la  
discapacidad

**MADRID - SEDE SOCIAL**

**[info@fundacionlukas.org](mailto:info@fundacionlukas.org)**

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**ALICANTE - LKF CENTER**

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